

#1 - To offer young adults an opportunity to experience the work environment in order to gain a broader understanding of skills which are used in the business world.

 #2 - To offer a program that shows the importance of training to become successful in the workplace.

 #3 - To provide a means that will enable businesses to take an active part in supporting young adults with neurological disorders.

 #4 - To assist young adults in identifying specific standards and skills in the work environment that are necessary for them to become productive employees.

#5 - To create interest in a particula career field.

Young Adult's Role in the Job Shadowing Experience



YOU

must take personal responsibility for your conduct and your safety in the workplace.

Just Ask – Your Initial Contact

What business attire is considered appropriate? Is there information that I should know before
arriving? For example: where to park, which door to use, where to report, and when to report. Are there any company policies I need to be
aware of?

Placement

- In what areas will I complete my shadowing?
 Will I be working in one job area throughout the shadowing experience or will I rotate to a variety of areas?
- O Who is my contact person in case of an emergency while on business premises? Can I have their number? Who should I notify in case of an absence?

- Wear appropriate dress.
- Be prepared to engage with employees when they ask about your interests, education plans and careers.
- Be open to opportunities to see first-hand the processes used in day-to-day operations.

Listen and be observant to understand the decisions that are continuously made to have a positive impact on the business.
Look at the broader picture of the organization, learning about different job functions and skills required.

- Be observant of team work and the problemsolving tasks used to help the business be successful.
- If possible, interview an employee about his/her job for career information.
- Observe different types of technology associated with the business. (email, machines, voice mail, computers)

 If offered, observe and participate in meetings to strengthen communication skills. Respect the importance of confidentiality.
 Follow the rules and code of conduct of the business.



Ask your contact

- What special equipment/tools, if any, do you use?
- O Do you have a supervisor?
- Is there opportunity for advancement with your occupation?

More Questions to Ask

- O Does your employer provide you with fringe benefits?
- If someone wanted to pursue an occupation similar to yours, what advice would you give him/her?
- O How closely are you required to work with your co-workers?
- O What is the future outlook in your occupation?

More Questions

What personal qualities are needed to be successful in your career?
How do you continue to learn in your job? How is team work important in your job?
What strategies do you use to solve problems in your work?



Have a great Job Shadowing experience!